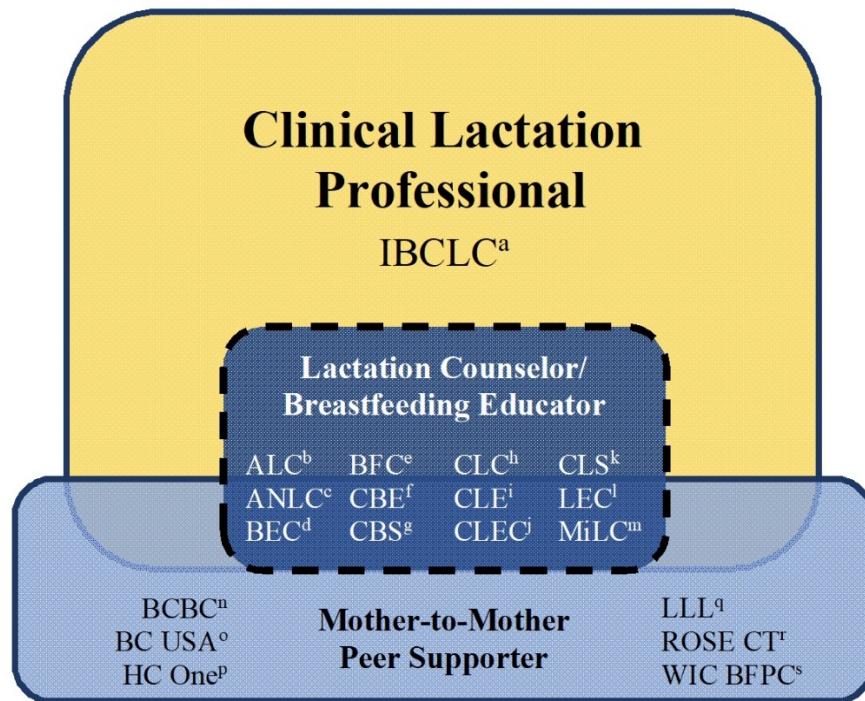


Relationship of Personnel in the Lactation Field



Note. This figure demonstrates how the U.S. lactation field can be broken down into three distinct categories. Families, healthcare team members and policymakers need to have a clear understanding of the differences in education and clinical training if families are going to get the help they need, when they need it. ^aInternational Board Certified Lactation Consultant. ^bAdvanced Lactation Consultant. ^cAdvanced Nurse Lactation Consultant. ^dBreastfeeding Educator Certification. ^eBreastfeeding Counselor. ^fCertified Breastfeeding Educator. ^gCertified Breastfeeding Specialist. ^hCertified Lactation Counselor. ⁱCertified Lactation Educator. ^jCertificated Lactation Educator Counselor. ^kCertified Lactation Specialist. ^lLactation Education Counselor. ^mMilitary Lactation Counselor. ⁿBaby Café Breastfeeding Counselor. ^oBreastfeeding Counselor, Breastfeeding USA. ^pHealthConnect One. ^qLa Leche League. ^rReaching Our Sisters Everywhere, Community Transformers. ^sWIC Breastfeeding Peer Counselor.

Three Categories of Preparation for Personnel in the Lactation Field

Category	Certification/Certificate	Preparation	Service
Clinical Lactation Professional	<p>IBCLC - International Board Certified Lactation Consultant.</p> <p>Frequently referred to as “lactation consultant”</p>	<p>Requirement of 14 college health science courses, 90 hours of lactation-specific education, and 300-1000 supervised clinical practice hours with patients.</p> <p>Must pass an independent, psychometrically validated board certification exam.</p>	<p>Evidence-based clinical lactation care, education, and support.</p>
Lactation Counselor/ Breastfeeding Educator	<p>ALC - Advanced Lactation Consultant</p> <p>ANLC - Advanced Nurse Lactation Consultant</p> <p>BEC - Breastfeeding Educator Certification</p> <p>BFC - Breastfeeding Counselor</p> <p>CBE - Certified Breastfeeding Educator</p> <p>CBS - Certified Breastfeeding Specialist</p> <p>CLC - Certified Lactation Counselor</p> <p>CLE - Certified Lactation Educator</p> <p>CLEC - Certificated Lactation Educator Counselor</p> <p>CLS - Certified Lactation Specialist</p> <p>LEC - Lactation Education Counselor</p> <p>MiLC - Military Lactation Counselor</p>	<p>Requirement of 20-90+ hours of lactation specific education.</p> <p>May need to pass an exam given by the education entity or company.</p> <p>Most have no requirement of high school diploma, GED, college courses, or clinical lactation practice hours.</p>	<p>Breastfeeding education and support.</p>
Mother-to-Mother Peer Supporter	<p>BCBC - Baby Café Breastfeeding Counselor</p> <p>BC USA - Breastfeeding Counselor Breastfeeding USA</p> <p>HC One - HealthConnect One</p> <p>LLL - La Leche League</p> <p>ROSE CT - Reaching Our Sisters Everywhere, Community Transformer</p> <p>WIC BFPC - WIC Breastfeeding Peer Counselor</p>	<p>Requirement of personal breastfeeding experience and variable 18-52 hours of education, some of which may be self-study.</p> <p>No requirement of high school diploma, GED, college courses, or clinical lactation practice hours.</p>	<p>Peer breastfeeding support, encouragement, and basic education.</p>

